



CITY OF LONDON ACADEMY  
**ISLINGTON**

WHERE STUDENTS SUCCEED

# BTEC SPORT

# **BTEC Level 3 Extended Certificate in Sport**

## **Why Study BTEC Sport?**

Students selecting this course are expected to have a strong interest in sport. The BTEC Level 3 Extended Certificate in Sport aims to develop skills, knowledge and understanding in vocational contexts that is directly relevant to employment situations in sport as well as counting towards students UCAS Points Score when applying for a university place.

This course will develop students' skills in preparation for university as well as future employment. Students will gain the opportunity to:

- Develop independent learning skills.
- Learn to research actively.
- Develop the confidence to deliver presentations and lead groups.
- Improve reading, writing and analytical skills.

Students who study this course have the potential to go onto University, as well as careers in:

- Sports Management
- Sports Marketing
- Physiotherapy
- Sports Coaching and Teaching
- Sports Journalism
- Fitness Instructing
- Sports Psychology

## **What will I Be studying?**

You will study a wide range of topics that are related to sport and the way sport is run in the United Kingdom. These units are:

### **Anatomy and Physiology (Unit 1)**

Here you will learn advanced principles of the body, its different systems and how it reacts to activity and exercise. This unit will be assessed externally via an examination. A great unit for those wanting to go into the health and fitness industry. This unit is assessed through a 90 minute exam at the end of Year 12. Students are able to re-sit this exam.

### **Fitness Training and Programing (Unit 2)**

This unit will teach you a variety of health and fitness principles that will develop knowledge and understanding of how to increase different aspects of sports performance through exercise. It is largely practical and but you will be assessed externally using specific real life case studies. A great unit for those wanting to go into the health and fitness industry. This unit is assessed through a 120 minute exam at the end of Year 13. Students are able to re-sit this exam.

### **Professional Development in the Sports Industry (Unit 3)**

This unit is designed to prepare students for the outside world and a career in the leisure industry. You are placed in a scenario where a leisure centre manager would like you to demonstrate how people would apply for specific roles within the business. This is performed in the form of video links and writing a reflective report. This unit is assessed through two assignments, in addition to a practical interview.

### **Sports Leadership (Unit 4)**

Pupils will learn how to lead activities. They will also look at the different types of leadership styles using examples. There is a large practical element to this and pupils will enjoy the nature of this unit. It will build confidence in speaking in front of people and can act as a great stepping stone to a career in coaching or management. This unit is assessed through two assignments, in addition to a practical coaching session.

## **How will I be assessed?**

Assessments will take place both externally (Unit 1 and Unit 2) through examinations, and internally (Unit 3 and Unit 4) through assignment based learning.

## **Who should I see for more information about this course?**

Visit <http://qualifications.pearson.com/en/qualifications/btec-nationals.html> for the most up-to-date specification, resources and support. Please also speak to Mr Courtney-Pinn regarding further information on this course.

## **Entry Requirements**

- Minimum of a grade 4 in English GCSE and mathematics GCSE, but with a grade 5 in one or the other
- Grade 5 in GCSE PE or at least a merit in L2 Sports BTEC