

8th September 2021

Dear Parent/Carer

Re: Two confirmed cases of COVID-19 – Year 7

We have been made aware that we have two confirmed case of coronavirus (COVID-19) in year 7, one of which is in your child's class. We have identified that your child may have been in in close contact with the affected child. In line with the revised national guidance, your child does not need to self-isolate, but you are advised to closely monitor your child for emerging symptoms. We would also advised that you book a PCR test for your child. PCR tests need to be processed in a laboratory so it is often a couple of days before you receive the result. In the meantime, you may wish to conduct lateral flow tests at home.

What to do if your child develops symptoms of COVID-19 or tests positive for the virus

If your child develops symptoms of COVID-19, or receives a positive lateral flow test or PCR test result, they should remain at home for 10 days from the date when their symptoms appeared or the test was taken. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119. You should also report positive test results to the NHS Test and Trace Service

Symptoms of COVID-19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available

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- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at
<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Many thanks for your support and understanding.

Yours sincerely



Ms S Jacob
Principal