



## The Challenge – Inspiring Young People to Transform their Communities

### What is the Challenge?

The Challenge is an exciting summer programme which connects young people from different backgrounds across London, builds confidence and inspires them to improve their local communities.

Teams of 16 year olds take on a 3 week programme that includes physical, creative and social action challenges. The first 2 weeks are residential, with all meals and accommodation provided. During the 1<sup>st</sup> week, young people take on intensive outdoor challenges like hiking, abseiling, and canoeing in a natural setting outside London. Next, the Challengers spend an inspiring week in university accommodation, gaining skills in an area they are passionate about, be it music, sport, film-making or street-dance! The programme finishes with the young people designing and running their own community project.

This summer programme is followed by a part-time, month long social action project in the local community, involving 30 hours of service for a project that the young person really cares about. We then offer an alumni programme to support young people to take further opportunities that build on their experience. This year participants who completed The Challenge summer programme signed up to voluntary organisations such as Amnesty International and the Volunteer Police Cadets.

### How much does it cost?

Delivering The Challenge costs us over £1500 per participant, but due to the support of partners, along with Government funding, we are able to charge parents just **£50**. We also offer a discounted price of **£30** as well as a number of **bursaries** to ensure that **cost is not a barrier for any young person wanting to take part**.

### What will you gain?

The Challenge is a fantastic opportunity for young people who want to make new friends, have a fun break away from home, challenge themselves, and master new skills. This is an experience not to be missed!

**Watch out for The Challenge visiting your school in January when you can find out more and sign up!**

For more information please contact Lucy Blow on 02079214408 or email [lucy.blow@the-challenge.org](mailto:lucy.blow@the-challenge.org).

Alternatively please visit our website [www.the-challenge.org](http://www.the-challenge.org).

