

Coram Islington Parenting Support Service invites you to our **Group Teen Triple P Positive Parenting Programme**. This programme is for any parents/carers of teenagers who would like to strengthen their ability to manage their teenagers' behaviour.

Sessions will give participants the opportunity to:

- Explore the factors that influence teenagers' behaviour
- Learn how to keep track of teenagers' behaviour
- Develop and strengthen positive relationships with teenagers
- Encourage teenagers' appropriate behaviour
- Gain strategies for managing problem behaviour
- Create a plan for managing teenagers risky behaviour
- Ensure progress is maintained
- Meet other parents and share experiences

The programme runs for 8 weeks, which incorporates 3 weeks of telephone support from a practitioner to help tailor the programme to the needs of your family.

The next programme will be starting on;  
**Monday 13<sup>th</sup> September 2010**

The programme will take place at:

**Room G05, Islington Town Hall  
205 Upper Street N1 2UD**

The programme will then run every week at the same time (**1.30pm-3.30pm**) for 8 weeks.



The programme fills up quickly so it is necessary to book a place. To find out more about this programme, or to book your place for this or the next programme, please contact Jenny Ling on our **freephone** number **0808 168 5717**, or you can **text** your details to **07958 061721** and a practitioner will call you back.