

This is a list of parenting programmes currently available. You can find up to date and more detailed course information on the Family Directory via the following link [www.islington.gov.uk/familydirectory](http://www.islington.gov.uk/familydirectory) . You need to search under parenting programmes in Islington. Please contact the named contact if you would like further information .Programmes have been listed by area however parents can attend in other areas .For information about parenting and family support services please contact **Islington Family Information Service** : 020 7527 5959

For advice and information on parenting programmes for parents of children 8- 19 yrs . Parents can call Coram Islington Parenting Support Service on the Free help line 0808 1685717 .Agencies need to call 020 7561 8461

Start date	Name of programme	Who is it for	length	Time	Crèche	Place	contact	How to register for a place
<b>ALL AREAS</b>								
2 groups starting week of 7 <sup>th</sup> June  Days and dates tbc	<b>Strengthening Families 10 – 14</b>	Parents and young people (aged 10 – 14 ) parents and young people attend together	7 weeks X 2hours plus family meal	4.30 – 7 pm Tbc	tbc	Tbc Possibly Manor Gardens Tuesday	Coram Christen  Casa Family Services Jenny Carpenter	Contact either Coram 0207 561 8461  Or CASA Family Service 020 7561 7490
<b>HOLLOWAY</b>								
Thursdays 14 <sup>th</sup> January  A second course will take place in the autumn	<b>Strengthening Families Strengthening Communities (SFSC )</b>	Parents of 3 – 13yrs	13 weeks X 3 hours	9.30 – 12.30	yes	Hungerford school and children's centre	Miranda Di Pino or Carole Byham  020 7 607 4187	Priority for parents of 3-5yrs Speak to Carole parents of 8-13yrs Contact Miranda
<b>HORNSEY</b>								
Monday 8 <sup>th</sup> March  5.30 – 7.30  These groups run termly so please ring coram for dates of future groups	<b>Group Teen Triple P</b>	Parents of 12- 16 yrs	8 weeks X 2 hours	10 am – 12pm	No	10 Manor Gardens  N7	Coram Islington Parenting Support Service Contact Tracey on 020 7561 8461	Parents and agencies to contact directly  Parents can ring free parenting support line 08081685717

<p><b>Wednesdays</b> 21<sup>st</sup> April 2010 Tbc</p> <p>A second course will take place in the autumn</p>	<b>SFSC</b>	Parents of 8-13yrs	13 weeks X 3 hours	9.15-12.30	yes	Montem School	Tammy Whyte 0207 272 6556	Priority for parents of children in school or neighbouring schools Contact Tammy or Jackie
<p><b>Wednesdays</b> 21<sup>st</sup> April 2010</p> <p>A further course will take place in the autumn</p>	<b>Family links Nurturing Programme</b>	Parents of children 5-13 yrs	10 weeks X2hrs	10 – 12	yes	Islington Childcare Trust Mayton street N19	Valda Dagnall Family Action 0207 272 6933	Speak to Valda
<p>Thursdays 25<sup>th</sup> March 6<sup>th</sup> May 10<sup>th</sup> June 30<sup>th</sup> Sept 18<sup>th</sup> Nov</p>	<b>Parenting workshops</b>	Refugee and asylum seekers	2hrs	3- 5pm		Refugee therapy Centre 1A Leeds Place Tollington Park N4 3RQ		Ring to reserve a place 02075611587
<b>HIGHBURY</b>								
<p><b>Tuesdays</b></p> <p>30<sup>th</sup> March 2010</p> <p>A second course will take place in the autumn Coffee morning 23<sup>rd</sup> March</p>	<b>SFSC</b>	Parents of 3- 13 yrs	13 weeks X 3 hours	9.30 – 12.30	yes	At Ambler school  Delivered with Conewood Children's centre	Maria Galster 0207 226 4708	Priority for parents of 3-5yrs Contact Deanne 020 7527 4440  and 8-13yrs Contact Maria or Dipa
<b>CANONBURY</b>								

Tuesdays 23 <sup>rd</sup> February 2010  A second course will take place in the autumn	<b>SFSC</b>	Parents of 3- 13 yrs	13 weeks X 3 hours	Morning	Yes	Rotherfield school	Jenny Lesadd or Pania Maloney  0207 226 6620	Priority for parent of children in school or neighbouring schools Contact Jenny
<b>BARNSBURY</b>								
Mondays 22 <sup>nd</sup> February  A second course will take place in the autumn	<b>SFSC</b>	Parents of 8- 18yrs	13 weeks X 3 hours	10 – 1	yes	EGA  and Coram Islington Parenting Support Service	Sophie Wales 020 78370 0739	Priority for parent of children in school or neighbouring schools Contact Sophie or Marilia at Coram 02075618461
Monday 22 <sup>nd</sup> February  A second course will take place in the autumn	<b>SFSC</b>	Parents of 8- 13yrs	13 weeks X 3 hours	9- 12	yes	Winton School	Sue Mendison 0207 837 6096  Or Alan	Priority for parent of children in school or neighbouring schools  Speak to Sue or Alan Alexis
Ongoing	<b>PAFT</b>	Pre birth -3yrs	Monthly home visits  Group sessions at centre	Times agreed with parents	Parents and children are together	In parents home  Group sessions at Kate Greenaway Children's Centre	Speak to Liz at Kate Greenaway Children's centre 02075274850	02075274850 ask for Liz or drop into the centre to find out more.

FINSBURY								
<b>Fridays</b> <b>23<sup>rd</sup> April</b> A second course will take place in the autumn	<b>SFSC</b>	Parents of 8- 13yrs	13 weeks X 3 hours		yes	Hugh Myddelton primary School EC1R IXJ	Speak to Hannah Johns or Mary meeham 020 7704 6075	Priority for parent of children in school or neighbouring schools  Speak to Mary or Hannah
OUTSIDE ISLINGTON								
Thursdays 11 <sup>th</sup> March	<b>Love and limits Programme</b>	Parents of 12- 16 yrs who are finding their teenager challenging	8 weeks X 2 hours	6 pm - 8pm	No	Brandon Centre 26 Prince of Wales Rd Kentish Town	Katrina Wright 020 7424 9935	Referral and parents can contact directly
Fridays 12 <sup>th</sup> March  These groups run termly so ring for next dates	<b>Love and limits Programme</b>	Parents of 12- 16 yrs who are finding their teenager challenging	8 weeks X 2 hours	10am – 12pm	No	Brandon Centre	Katrina Wright 020 7424 9935	Referral and parents can contact directly
Ongoing	<b>Parentline plus Telephone groups</b>  FREE telephone parenting groups	Parents of children all ages who prefer to talk on the phone or find it hard to get out of the house Parents are matched with parents of similar aged children and issues	6 weeks X 1.5 hours		No	On the phone	Contact on 020 7284 5536 or <a href="http://www.parentlineplus.org.uk">www.parentlineplus.org.uk</a> When parents register for a group, they will be contacted to discuss what group would suit best	Open access by phone or email

\* PAFT for parents of 0-3yrs : please see parenting programme guide for list of centres

**Strengthening Families, Strengthening Communities SFSC(3- 18 years )** Please note that parents/carers can join up to the third week . A number of groups are in process and new groups are being planned for the Autumn for Bengali

,Somali families ( please contact Rahama at EMAS on 020 75275852 ) for Turkish speaking families,( please contact Leyla or Selda at Minik Kardes on 0207 9237 226 ) and for parents with learning difficulties ( Elfrida Society – please contact Diane Simcoe 020 7359 7443) . We are also hoping that Centre 404 will run a programme for parents whose children have learning difficulties

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please note I work part time and will normally be available on Monday,Tuesday , or Thursday afternoon